

Special Issue

Prevention and Care of Diabetic Foot Ulcers

Message from the Guest Editors

Diabetic foot is a serious complication of diabetes with a high impact on healthcare systems due to the cost of care. Moreover, **ulcers are the key factor that often precedes amputation**. From this perspective, **prevention is crucial** to stopping the chain of events that leads to lesions and, ultimately, amputation. In the care of people with diabetes, greater attention should be paid to preventing the onset of ulcers. Preventive measures can begin with **primary prevention**, focusing on effective diabetes management, proper assessment of the at-risk foot, and patient education. **Secondary prevention** is equally important; these interventions aim to prevent recurrence, which is one of the most frequent events, affecting over 50% of patients who have healed within a year. The possibilities for action in this case are multi-faceted: **surgical** with preventive procedures, **orthotic** by providing patients with the most appropriate footwear, and **educational** by informing patients about the risks associated with their feet.

Guest Editors

Dr. Roberto Da Ros

Diabetes and Diabetic Foot Treatment Center, Gorizia and Monfalcone Hospital (ASUGI), Monfalcone, Italy

Dr. Cesare Miranda

ASFO Pordenone Hospital, Clinical Endocrinology and Metabolic Diseases Department, Pordenone, Italy

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Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
diabetology@mdpi.com

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Prof. Dr. Peter Clifton

1. Division of Health Sciences, School of Pharmacy and Medical Sciences, University of South Australia, Adelaide, SA, Australia
2. Alliance for Research in Exercise, Nutrition and Activity (ARENA), Adelaide, SA, Australia

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