

Special Issue

Systemic Photoprotection: New Insights and Novel Approaches

Message from the Guest Editors

Ultraviolet (UV) radiation is a key contributor to skin damage, driving many of the visible signs of aging and a large proportion of skin cancers. While topical sunscreens remain fundamental to protecting the skin, there is growing recognition that systemic interventions—such as dietary supplements and pharmacological agents—can complement topical protection and provide whole-body defense against UV injury. This Special Issue brings together dermatologists, pharmacologists, and cosmetic scientists to address the latest scientific and clinical advancements in systemic photoprotection. Our objective is to illustrate how strategies extending beyond topical sunscreens—including dietary and pharmacological interventions—can bolster skin health, reduce the impact of photoaging, and aid in the management of photodermatoses. We welcome original research articles, case series, and review papers that contribute to a deeper understanding of this rapidly evolving field. By showcasing high-caliber studies and innovative perspectives.

Guest Editors

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