

Special Issue

Diet and Cancer

Message from the Guest Editors

A wealth of epidemiologic studies, along with a restricted number of interventional clinical trials, have explored the complex relationship between cancer and diet. In fact, only dietary habits are capable of affecting a person's lifetime cancer risk, but diet also represents a highly meaningful area of intervention in cancer patients, as it may influence cancer-related conditions, such as cachexia, fatigue, thrombosis, systemic inflammation and even prognosis. Nutritional interventions include both well-defined dietary regimens (e.g., a vegan diet, calorie restriction, intermittent fasting, ketogenic diet, Mediterranean diet, Japanese diet, and others), in addition to the use of nutritional supplements based on naturally occurring substances, such as flavonols. Epidemiologic studies, such as the large EPIC study, have shown that a higher flavonol intake is associated with reduced risks of being affected by certain cancers, such as bladder cancer. For further reading, please, visit the [Special Issue](#) website.

Guest Editors

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Deadline for manuscript submissions

closed (30 June 2023)



Current Oncology

an Open Access Journal
by MDPI

Impact Factor 3.4
CiteScore 4.9
Indexed in PubMed



mdpi.com/si/140564

Current Oncology
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Message from the Editor-in-Chief

I am honored and enthusiastic to serve as Editor-in-Chief of *Current Oncology*. Since its establishment in 1994, *Current Oncology* has been playing an important role in the advancement of cancer care by disseminating new knowledge in the cancer care continuum. *Current Oncology* is affiliated with several key cancer societies and provides a global platform to share scientific progress in oncology. We strive for high standards and work together to maintain a rigorous and unbiased peer review process to publish high-quality articles. We have an outstanding editorial team which is committed to the success of *Current Oncology*.

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