

Special Issue

Role of Sleep and Circadian Rhythms in Health

Message from the Guest Editors

The aim of this Special issue is to promote awareness in the scientific community about the role of sleep and circadian rhythms in health. We invite submissions of original articles and reviews addressing how sleep and circadian rhythms impact our physical and mental health. We also encourage submissions aimed at developing treatments and diagnostics for somatic and mental disorders from the perspective of sleep and circadian rhythms. Topics include, but are not limited to, the following:

- The role of sleep and circadian rhythms in mental and physical health;
- Health implications of disturbed sleep and circadian rhythms;
- Chronobiological treatments for sleep disorders and mental disorders.

Guest Editors

Dr. Hiroshi Kadotani

Department of Psychiatry, Shiga University of Medical Science, Seta-Tsukinowa-Cho, Otsu 520-2192, Japan

Prof. Dr. Masahiro Suzuki

Department of Psychiatry, Nihon University School of Medicine, 30-1 Oyaguchi Kamicho, Itabashi-ku, Tokyo 173-8610, Japan

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closed (25 May 2021)



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Clocks & Sleep
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
clockssleep@mdpi.com

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Editors-in-Chief

Prof. Dr. Christian Cajochen

Psychiatric Hospital of the University of Basel, Centre for
Chronobiology, Wilhelm-Kleinstr. 27, CH-4002 Basel, Switzerland

Prof. Dr. Paul Franken

Center for Integrative Genomics, University of Lausanne, 1015
Lausanne, Switzerland

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manuscripts are peer-reviewed and a first decision is
provided to authors approximately 27.8 days after
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the second half of 2025).