

Special Issue

Clinical Nutritional Management of Patients with Kidney Disease

Message from the Guest Editors

Nutritional management is essential for optimizing outcomes and the quality of life in patients with chronic kidney disease (CKD), which is a progressive and often irreversible condition that disrupts metabolic homeostasis. CKD impacts protein and energy metabolism, acid–base balance, and gut microbiome integrity, leading to complications such as protein–energy wasting, electrolyte imbalances, and uremia. This Special Issue presents the latest evidence and strategies used in CKD nutrition, including dietary interventions aimed at symptom management, delaying disease progression, and potentially deferring the initiation of dialysis. We welcome contributions on topics that range from preventive nutrition for at-risk patients to advanced dietary therapies for end-stage renal disease. Our areas of interest include low-protein diets, sodium and potassium regulation, the benefits of plant-based diets, and innovations in nutritional biomarkers for personalized care. Additionally, we invite research on the tools used for nutritional assessments and the role of artificial intelligence in optimizing CKD nutrition.

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