

## Special Issue

# Clinical Nutritional Management of Patients with Kidney Disease

### Message from the Guest Editors

Nutritional management is essential for optimizing outcomes and the quality of life in patients with chronic kidney disease (CKD), which is a progressive and often irreversible condition that disrupts metabolic homeostasis. CKD impacts protein and energy metabolism, acid–base balance, and gut microbiome integrity, leading to complications such as protein–energy wasting, electrolyte imbalances, and uremia. This Special Issue presents the latest evidence and strategies used in CKD nutrition, including dietary interventions aimed at symptom management, delaying disease progression, and potentially deferring the initiation of dialysis. We welcome contributions on topics that range from preventive nutrition for at-risk patients to advanced dietary therapies for end-stage renal disease. Our areas of interest include low-protein diets, sodium and potassium regulation, the benefits of plant-based diets, and innovations in nutritional biomarkers for personalized care. Additionally, we invite research on the tools used for nutritional assessments and the role of artificial intelligence in optimizing CKD nutrition.

### Guest Editors

Dr. Sara Morales Palomares

Department of Pharmacy, Health and Nutritional Sciences (DFSSN),  
University of Calabria, 87036 Rende, Italy

Dr. Stefano Mancin

IRCCS Humanitas Research Hospital, Via Manzoni 56, 20089 Rozzano,  
Italy

### Deadline for manuscript submissions

30 September 2025



## Clinics and Practice

---

an Open Access Journal  
by MDPI

---

Impact Factor 2.2  
CiteScore 2.8  
Indexed in PubMed



[mdpi.com/si/223252](https://mdpi.com/si/223252)

*Clinics and Practice*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[clinpract@mdpi.com](mailto:clinpract@mdpi.com)

[mdpi.com/journal/  
clinpract](https://mdpi.com/journal/clinpract)





# Clinics and Practice

an Open Access Journal  
by MDPI

Impact Factor 2.2  
CiteScore 2.8  
Indexed in PubMed



[mdpi.com/journal/  
clinpract](https://mdpi.com/journal/clinpract)



## About the Journal

### Message from the Editor-in-Chief

---

#### Editor-in-Chief

Dr. Athanassios A. Kyrgidis  
Department of Oral and Maxillofacial Surgery, School of Dentistry,  
Faculty of Health Sciences, Aristotle University, Thessaloniki, Greece

---

#### Author Benefits

##### High Visibility:

indexed within Scopus, ESCI (Web of Science), PubMed, PMC, Embase, and other databases.

##### Journal Rank:

JCR - Q2 (Medicine, General and Internal) / CiteScore - Q2 (General Medicine)

##### Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 22.7 days after submission; acceptance to publication is undertaken in 3.8 days (median values for papers published in this journal in the first half of 2025).