

Special Issue

Current Research Focus in Clinical Neuropsychiatry: Translational and Therapeutic Perspectives

Message from the Guest Editor

Clinical neuropsychiatry addresses conditions in which disordered brain function drives cognitive and affective symptoms. Despite rapid progress in neuroscience, translating mechanistic insight into measurable clinical benefit remains slow. Diagnosis still leans heavily on subjective assessment, treatment selection is often trial-and-error, and objective markers to track therapeutic response are scarce. Meanwhile, the global burden of neuropsychiatric disorders continues to rise, straining health systems and widening gaps in access to specialist care. These pressures create both urgency and opportunity: emerging tools such as portable neurophysiological monitoring, digital biomarkers, neuromodulation, and novel pharmacotherapies are beginning to bridge the divide between laboratory discovery and routine practice.

This Special Issue aims to present and disseminate the most recent advances related to translational and therapeutic approaches in clinical neuropsychiatry. We consider contributions that connect biological mechanisms to clinical outcomes, validate objective markers of brain health, and evaluate innovative or personalized interventions across neuropsychiatric conditions.

Guest Editor

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Message from the Editor-in-Chief

Clinics and Practice is a fast-growing, international open access journal in clinical medicine, published monthly by MDPI. Thanks to our dynamic and dedicated team, we are quickly establishing ourselves as a high-impact, peer-reviewed platform for quality research. Our journal's metrics have improved each year; our projected CiteScore for 2025 is 3.5, and our current JCR Impact Factor for 2025 is 2.8. With more milestones ahead, we invite you to be part of our journey. Amplify your impact. Grow with us.

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