



Diabetes Mellitus and Cardiovascular Diseases

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Message from the Guest Editors

Dear Colleagues,

Diabetes increases the risk of heart disease. In fact, adults with diabetes are several times more likely to suffer from heart disease than those without diabetes. This is because individuals with diabetes often have problems associated with high blood pressure, abnormal cholesterol levels, obesity and physical inactivity. Any of the above problems will increase the risk of heart disease.

This Special Issue provides a link between diabetes and heart disease, and discusses how diabetes can be managed to maintain heart health.

You are welcome to submit your excellent paper to this Special Issue.

Dr. Alberto Cordero

Dr. Carlos García Santos-Gallego

Guest Editors

