



## Pediatric and Adolescent Psychiatry and Psychology: Current Treatments and Future Options

Guest Editor:

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### Message from the Guest Editor

Dear Colleagues,

Child and adolescent mental health is a topical issue for society and for clinicians in both the psychiatry and psychology fields. Mental health problems, psychological distress, anxiety, depression and eating disorders have risen consistently after the pandemic, while severe mental diseases such as schizophrenia and bipolar disorder are constantly a matter of concern. Increasing and precocious use of substances further complicates the picture. Therefore, there is an increasing need for evidence-based treatments for child and adolescent mental health-related problems and mental diseases. The aim of this Special Issue is to share novel and evidence-based knowledge on pharmacological and psychological treatments for psychiatric disorders in pediatric and adolescent populations, taking into account both established treatments and future therapeutic options. Original Research, Reviews and Meta-analyses aiming to share clinical and practical knowledge on pharmacotherapies and/or psychotherapies for children and adolescents are welcome and will be peer-reviewed in a timely manner.

