Special Issue

Molecular Mechanisms and Therapeutic Advances in Hypertension Management and Vascular Health

Message from the Guest Editors

This Special Issue, "Molecular Mechanisms and Therapeutic Advances in Hypertension Management and Vascular Health," explores the molecular basis of hypertension and its role in cardiovascular diseases. Key areas include endothelial function, lipid metabolism. and vascular biology, with a focus on gene expression regulation, cholesterol metabolism, and atherosclerosis development. We welcome original research, reviews, and perspectives on hypertension pathophysiology, gestational hypertension, and metabolic disorders. Topics include drug treatments, drug resistance mechanisms, and the role of bioactive compounds and functional foods in hypertension management. Additionally, we highlight personalized medicine, covering tailored pharmacological interventions, lifestyle modifications, and dietary strategies. By featuring cutting-edge research, this Special Issue aims to enhance scientific understanding, advance treatment strategies, and improve patient outcomes in hypertension and vascular health.

Guest Editors

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Prof. Dr. Claudio Borghi

Deadline for manuscript submissions

31 March 2026



Current Issues in Molecular Biology

an Open Access Journal by MDPI

Impact Factor 3.0 CiteScore 3.7 Indexed in PubMed



mdpi.com/si/235991

Current Issues in Molecular Biology Editorial Office MDPI, Grosspeteranlage 5 4052 Basel, Switzerland Tel: +41 61 683 77 34 cimb@mdpi.com

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Message from the Editor-in-Chief

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