

## Special Issue

# Body Image, Weight Pressure and Disordered Eating Behaviors among Children and Adolescents

### Message from the Guest Editors

Adolescence is a critical period for body image development. Children and adolescents receive a plethora of messages, mainly by media, family, and peers, about the perceived body ideal, which emphasizes body thinness. The pressures to adopt to socially acceptable body ideals explain the associations between weight status and body image and lead to an increased body image dissatisfaction, mainly among teenage girls. Body image is a multidimensional concept, which includes perceptions, thoughts, feelings, and actions toward a person's body. Evidence indicates that unhealthy body image is associated with obesity and physical inactivity. Furthermore, negative body image among adolescents is linked to increased pressure for thinness and desirable body shape, playing a crucial role in the development of disordered eating behaviors. Unhealthy eating behaviors may range between subclinical disordered eating and the presence of clinical eating disorders, where adolescents struggle with extreme dieting, a distorted body image, weight fluctuations, and abnormal eating behaviors.

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### Deadline for manuscript submissions

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You are invited to contribute a research article or comprehensive review for consideration and publication in *Children* (ISSN 2227-9067). *Children* is an open access journal—research articles, reviews, and other content are published online immediately after acceptance. The scientific community and the general public have unlimited free access to the content as soon as it is published. The journal focuses on sharing clinical, epidemiological, and translational science relevant to children's health. We would be pleased to welcome you as one of our authors.

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### Editor-in-Chief

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