# **Special Issue**

# Promoting Social Emotional Competences and Mental Wellbeing Among Children and Adolescents Through Digital Technologies

## Message from the Guest Editors

Social emotional competence and mental wellbeing are essential for healthy development and quality of life among children and adolescents, especially as they progress towards adulthood; a worrisome portion of the global youth population struggle with mental health issues and SEC deficiencies, exacerbated by the COVID-19 pandemic. Digital technologies—such as mobile apps, virtual reality, serious games, and large language models—offer potential solutions to this problem, as recent meta-analyses have proven the overall beneficial effects of these technologies. This Special Issue welcomes submissions of design cases, impact studies, longitudinal and cross-sectional studies, as well as systematic reviews and meta-analyses that explore the utilization of various technological advancements to enhance SEC and mental wellbeing among youth. Topics include, but are not restricted to, the design and evaluation of innovative interventions, technology-assisted diagnosis and assessment methods, and analyses of influencing factors.

### **Guest Editors**

Prof. Dr. Heng Luo

Faculty of Artificial Intelligence in Education, Central China Normal University, Wuhan 430079, China

Prof. Dr. Ikseon Choi

The Nell Hodgson Woodruff School of Nursing, Emory University, Atlanta, GA 30322, USA

## Deadline for manuscript submissions

closed (5 May 2025)



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Impact Factor 2.1
CiteScore 3.8
Indexed in PubMed



mdpi.com/si/205684

Children
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
children@mdpi.com

mdpi.com/journal/children





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## **About the Journal**

### Message from the Editor-in-Chief

You are invited to contribute a research article or comprehensive review for consideration and publication in *Children* (ISSN 2227-9067). *Children* is an open access journal—research articles, reviews, and other content are published online immediately after acceptance. The scientific community and the general public have unlimited free access to the content as soon as it is published. The journal focuses on sharing clinical, epidemiological, and translational science relevant to children's health. We would be pleased to welcome you as one of our authors.

### Editor-in-Chief

Prof. Dr. Paul R. Carney

Departments of Child Health and Neurology, University of Missouri, 400 Keene Street, Columbia, MO 65211, USA

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