

## Special Issue

# Monitoring and Promoting Physical Activity, Physical Fitness and Motor Competence in Children

### Message from the Guest Editors

It is our pleasure to have this Special Issue on "Monitoring and Promoting Physical Activity, Physical Fitness and Motor Competence in Children" in the *Children* journal. It is true that the measurement of PA in children and young people is subject to several conditioning factors which threaten validity and reliability. Understanding and developing strategies to promote PA behavior is now more important than in the past, because it is essential to improve fitness levels and MC in early ages. These strategies should cover all generations, children and youth, adults and the elderly, equally, because negative outcomes are visible in individuals of all ages. In this Special Issue, we welcome contributions that describe and list the link, monitoring and promotion between PA, PF and MC. Your contribution is welcome in the form of an original article, case report, commentary, and systematic review with meta-analysis.

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### Guest Editors

Dr. Georgian Badicu

Dr. Ana Filipa Silva

Dr. Hugo Miguel Borges Sarmento

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### Deadline for manuscript submissions

closed (15 August 2022)



## Children

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## About the Journal

### Message from the Editor-in-Chief

You are invited to contribute a research article or comprehensive review for consideration and publication in *Children* (ISSN 2227-9067). *Children* is an open access journal—research articles, reviews, and other content are published online immediately after acceptance. The scientific community and the general public have unlimited free access to the content as soon as it is published. The journal focuses on sharing clinical, epidemiological, and translational science relevant to children's health. We would be pleased to welcome you as one of our authors.

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### Editor-in-Chief

Prof. Dr. Paul R. Carney  
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