

Special Issue

Factors Associated with Adolescent and Young Risk Behaviors and Intervention Measures

Message from the Guest Editors

Adolescence and young adulthood represent critical developmental periods marked by increased vulnerability to risk behaviors, including substance use, behavioral addictions, maladaptive social interactions (sexting, bullying, and intrusive behaviors), and unhealthy lifestyles. Understanding these influences is essential for developing effective preventive and intervention strategies.

This Special Issue aims to explore the determinants of risk behaviors among adolescents and young people, with a focus on identifying protective factors and evidence-based interventions. We seek to highlight cutting-edge research that advances knowledge in this area, including multidisciplinary studies.

We invite original research articles, reviews, and case studies that examine psychological, familial, social, and digital influences on youth behavior, as well as innovative prevention and intervention programs. Contributions addressing health disparities and vulnerable populations are particularly encouraged.

Guest Editors

Prof. Dr. Elena Cattelino

Department of Human and Social Science, University of Valle d'Aosta, 11100 Aosta, Italy

Prof. Dr. Mara Morelli

Department of Dynamic and Clinical Psychology, and Health Studies, Sapienza University of Rome, 00185 Rome, Italy

Deadline for manuscript submissions

closed (10 May 2026)



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Children
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
children@mdpi.com

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About the Journal

Message from the Editor-in-Chief

You are invited to contribute a research article or comprehensive review for consideration and publication in *Children* (ISSN 2227-9067). *Children* is an open access journal—research articles, reviews, and other content are published online immediately after acceptance. The scientific community and the general public have unlimited free access to the content as soon as it is published. The journal focuses on sharing clinical, epidemiological, and translational science relevant to children's health. We would be pleased to welcome you as one of our authors.

Editor-in-Chief

Prof. Dr. Paul R. Carney

Departments of Child Health and Neurology, University of Missouri, 400 Keene Street, Columbia, MO 65211, USA

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