

Special Issue

Advances in Research on Nutrition and Childhood Obesity

Message from the Guest Editor

Childhood obesity has emerged as a global public health problem in recent decades, reaching alarming levels in both the developed and the developing world. Nutrition is a key part of the imbalance in energy intake and energy expenditure that, through complicated and not-well-understood pathways, results in obesity. Moreover, dietary patterns have also emerged as important factors, since children do not consume only specific foods or foods from specific food groups but a plethora of foods from a range of food groups. The aim of this Special Issue of *Children* is to highlight new insights into the complex role that nutrition plays in the aetiology of childhood obesity. We welcome studies that assess any aspect of this role, including specific food items, foods groups, dietary patterns or nutrients, and their association with childhood obesity. We also welcome original research articles and reviews that present new approaches to, and highlight novel associations that could be targeted as possible factors for, the development of preventive interventions against childhood obesity.

Guest Editor

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About the Journal

Message from the Editor-in-Chief

You are invited to contribute a research article or comprehensive review for consideration and publication in *Children* (ISSN 2227-9067). *Children* is an open access journal—research articles, reviews, and other content are published online immediately after acceptance. The scientific community and the general public have unlimited free access to the content as soon as it is published. The journal focuses on sharing clinical, epidemiological, and translational science relevant to children's health. We would be pleased to welcome you as one of our authors.

Editor-in-Chief

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