

## Special Issue

# Mental Health and Well-Being in Children

### Message from the Guest Editor

Mental disorders are the largest cause of the burden of disease in the world. Evidence is accumulating on the broad impact that the well-being experienced during childhood and adolescence has on physical and mental health across the course of a lifetime. In fact, most of the disease burden affecting adults has its onset during childhood and adolescence. There has been a growing concern about the mental health and well-being of children, with increasing demand for counselling services and referrals to mental health services. Family factors, including the quality of parental care, can make a huge difference to children's early life pathways, for better or for worse. Understanding how best to intervene to support parents is a key challenge. Thus, there is a strong need to expand our knowledge on how to reduce risk factors and to promote protective environments. This Special Issue addresses this topic by inviting scholars to share findings, perspectives, and approaches, with the aim of promoting child mental health and well-being. Qualitative or quantitative contributions from basic or applied research that will extend the knowledge in this field are welcomed.

### Guest Editor

Prof. Dr. Cristina Nunes

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### Deadline for manuscript submissions

closed (30 June 2021)



## Children

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## About the Journal

### Message from the Editor-in-Chief

You are invited to contribute a research article or comprehensive review for consideration and publication in *Children* (ISSN 2227-9067). *Children* is an open access journal—research articles, reviews, and other content are published online immediately after acceptance. The scientific community and the general public have unlimited free access to the content as soon as it is published. The journal focuses on sharing clinical, epidemiological, and translational science relevant to children's health. We would be pleased to welcome you as one of our authors.

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### Editor-in-Chief

Prof. Dr. Paul R. Carney  
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