

Special Issue

Psychological and Cognitive Determinants of Pediatric Sport Performance and Development

Message from the Guest Editor

Sport performance and athletic development in children and adolescents emerge from a complex interplay of physical, psychological, emotional, and cognitive factors. Beyond physical training, young athletes' ability to learn skills, regulate emotions, cope with competitive demands, and sustain long-term engagement in sport is strongly shaped by mental processes and individual differences. Advancing scientific understanding of these mechanisms is essential for promoting both optimal performance and healthy development in youth sport contexts. Original research articles, systematic and narrative reviews, and applied studies conducted in youth sport settings are encouraged. Submissions with clear practical implications for coaches, sport psychologists, educators, and practitioners working with children and adolescents are particularly welcome. By integrating psychological and cognitive perspectives, this Special Issue seeks to advance evidence-based practices that foster both athletic excellence and healthy developmental trajectories in young athletes.

Guest Editor

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Message from the Editor-in-Chief

You are invited to contribute a research article or comprehensive review for consideration and publication in *Children* (ISSN 2227-9067). *Children* is an open access journal—research articles, reviews, and other content are published online immediately after acceptance. The scientific community and the general public have unlimited free access to the content as soon as it is published. The journal focuses on sharing clinical, epidemiological, and translational science relevant to children's health. We would be pleased to welcome you as one of our authors.

Editor-in-Chief

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