

Special Issue

Lifestyle and Children's Health Development

Message from the Guest Editors

The intersection between lifestyle and the development of children's health is a vital area of study that has evolved significantly. The understanding of childhood and its role in health has transitioned towards a comprehensive focus on holistic well-being. This Special Issue aims to delve into the diverse aspects of lifestyle that influence children's health, including diet, physical activity, sleep, sedentary behavior, and mental health. By examining innovative research and interventions, we strive to provide a thorough understanding of how lifestyle choices affect children's long-term health outcomes. We welcome original research, reviews, and short communications that offer fresh insights and practical applications for enhancing children's health via lifestyle modifications.

Guest Editors

Dr. Guillermo Garcia-Perez-De-Sevilla

Department of Physiotherapy, Faculty of Sports Sciences, Universidad Europea de Madrid, 28670 Madrid, Spain

Dr. Augusto García Zapico

ImFINE Research Group, Department of Health and Human Performance, Universidad Politécnica de Madrid, 28223 Madrid, Spain

Deadline for manuscript submissions

25 October 2025



Children

an Open Access Journal
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Impact Factor 2.1
CiteScore 3.8
Indexed in PubMed



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Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
children@mdpi.com

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About the Journal

Message from the Editor-in-Chief

You are invited to contribute a research article or comprehensive review for consideration and publication in *Children* (ISSN 2227-9067). *Children* is an open access journal—research articles, reviews, and other content are published online immediately after acceptance. The scientific community and the general public have unlimited free access to the content as soon as it is published. The journal focuses on sharing clinical, epidemiological, and translational science relevant to children's health. We would be pleased to welcome you as one of our authors.

Editor-in-Chief

Prof. Dr. Paul R. Carney
Departments of Child Health and Neurology, University of Missouri, 400
Keene Street, Columbia, MO 65211, USA

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