

## Special Issue

# Benefits and Effectiveness of Breastfeeding

### Message from the Guest Editors

Breastfeeding is one of the most effective ways to ensure the health and survival of children. Breastfeeding has many proven benefits and is effective for babies, their mothers, and societies, and should therefore be valued, promoted, and protected. There is overwhelming evidence, supported by an increasingly detailed understanding of the mechanisms involved, that breastfeeding benefits both a child and their mother. This certainty has underpinned numerous efforts at international, national, and local levels to promote breastfeeding, and after some declines in breastfeeding rates, there are signs of recovery, albeit slow in many regions. The aim of this Special Issue is therefore to showcase all aspects of breastfeeding practices, outcomes, and follow-up of neonates, infants, and children, and the effectiveness of breastfeeding compared to formula and other types of feeding. Maternal health, family cohesion, and public health and education in relation to breastfeeding are also of interest. We will consider reviews and original articles for publication.

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### Guest Editors

Dr. Eleftherios Panteris

Dr. Eleftheria Hatzidaki

Dr. Zoi Koukou

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### Deadline for manuscript submissions

10 January 2026



## Children

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## About the Journal

### Message from the Editor-in-Chief

You are invited to contribute a research article or comprehensive review for consideration and publication in *Children* (ISSN 2227-9067). *Children* is an open access journal—research articles, reviews, and other content are published online immediately after acceptance. The scientific community and the general public have unlimited free access to the content as soon as it is published. The journal focuses on sharing clinical, epidemiological, and translational science relevant to children's health. We would be pleased to welcome you as one of our authors.

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### Editor-in-Chief

Prof. Dr. Paul R. Carney

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