

## Special Issue

# Pediatric Sleep Health: From Pathophysiology to Quality of Life

### Message from the Guest Editors

This Special Issue, Pediatric Sleep Health: From Pathophysiology to Quality of Life, aims to bring together the latest interdisciplinary research to improve our mechanistic understanding of these critical associations. By comprehensively exploring the spectrum of pediatric sleep health, we hope to highlight and inform early detection and intervention strategies. This includes new insights into the neurobiological mechanisms underlying sleep disorders and novel clinical approaches that secure better short- and long-term developmental outcomes for children and their families worldwide. We invite the submission of high-quality original research articles, comprehensive review articles, and systematic reviews that address all aspects of pediatric sleep health. Submissions may cover foundational science, clinical pathophysiology, epidemiology, public health, and intervention trials. Research focusing on sleep issues associated with any neurological and/or neurodevelopmental disorder (e.g., autism spectrum disorder, ADHD, epilepsy, cerebral palsy, sickle cell disease) is also welcome.

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### Guest Editors

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### Deadline for manuscript submissions

23 June 2026



## Children

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## About the Journal

### Message from the Editor-in-Chief

You are invited to contribute a research article or comprehensive review for consideration and publication in *Children* (ISSN 2227-9067). *Children* is an open access journal—research articles, reviews, and other content are published online immediately after acceptance. The scientific community and the general public have unlimited free access to the content as soon as it is published. The journal focuses on sharing clinical, epidemiological, and translational science relevant to children's health. We would be pleased to welcome you as one of our authors.

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### Editor-in-Chief

Prof. Dr. Paul R. Carney

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