

Special Issue

The Effectiveness of Dance and Movement Therapy in Children

Message from the Guest Editor

I hereby invite you to join this Special Issue dedicated to the use of dance and movement therapy (DMT) in children. DMT is a revolutionary therapy that allows children to use movement to express a wide range of emotions. It allows young patients to develop sensory and creative experiences using movement and play. DMT is often included as a part of the rehabilitation process for children with chronic illnesses, including neurodegenerative conditions. The therapist can work with children and adolescents individually, in a group setting, or with an entire family. Each DMT therapy session addresses individual goals, but also generates increased cohesion and group awareness. Benefits of DMT include, but are not limited to: reducing chronic pain and body tension; facilitating communication skills and body awareness; and facilitating individual expression and communication with other people. During the COVID-19 pandemic, DMT was used by psychotherapists to continue treating their patients without the need for close contact.

Guest Editor

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About the Journal

Message from the Editor-in-Chief

You are invited to contribute a research article or comprehensive review for consideration and publication in *Children* (ISSN 2227-9067). *Children* is an open access journal—research articles, reviews, and other content are published online immediately after acceptance. The scientific community and the general public have unlimited free access to the content as soon as it is published. The journal focuses on sharing clinical, epidemiological, and translational science relevant to children's health. We would be pleased to welcome you as one of our authors.

Editor-in-Chief

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