

Special Issue

Addressing Challenges in Child Mental Health Research and Strategies for Comprehensive Development (2nd Edition)

Message from the Guest Editors

This monograph underscores the importance of research in the field of child mental health. We face various challenges in the field of child mental health, ranging from a lack of access to adequate services to the social stigma associated with mental disorders. The COVID-19 pandemic has further exacerbated these difficulties, with an increase in levels of stress, anxiety, and depression among children and young people due to social isolation, the disruption of routines, and uncertainty about the future. The interruption or deterioration of parent–child interactions during these crises is an additional risk factor that deserves special consideration. In summary, this monograph highlights the urgency of addressing child mental health as a global priority. By understanding current challenges and developing effective strategies—including interventions that target the quality of parent–child interaction—we can work towards a future where all children and young people have the opportunity to grow and thrive in environments that promote their mental health and overall well-being.

Guest Editors

Dr. Tíscar Rodríguez-Jiménez

Department of Psychology and Sociology, University of Zaragoza,
44003 Teruel, Spain

Dr. Ignasi Navarro-Soria

Department of Developmental and Educational Psychology, University
of Alacant, 03690 Alicante, Spain

Deadline for manuscript submissions

25 January 2026



Children

an Open Access Journal
by MDPI

Impact Factor 2.1
CiteScore 3.8
Indexed in PubMed



mdpi.com/si/249046

Children
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
children@mdpi.com

[mdpi.com/journal/
children](https://mdpi.com/journal/children)





Children

an Open Access Journal
by MDPI

Impact Factor 2.1
CiteScore 3.8
Indexed in PubMed



[mdpi.com/journal/
children](https://mdpi.com/journal/children)



About the Journal

Message from the Editor-in-Chief

You are invited to contribute a research article or comprehensive review for consideration and publication in *Children* (ISSN 2227-9067). *Children* is an open access journal—research articles, reviews, and other content are published online immediately after acceptance. The scientific community and the general public have unlimited free access to the content as soon as it is published. The journal focuses on sharing clinical, epidemiological, and translational science relevant to children's health. We would be pleased to welcome you as one of our authors.

Editor-in-Chief

Prof. Dr. Paul R. Carney
Departments of Child Health and Neurology, University of Missouri, 400
Keene Street, Columbia, MO 65211, USA

Author Benefits

Open Access

— free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, and other databases.

Journal Rank:

JCR - Q2 (Pediatrics) / CiteScore - Q2 (Pediatrics, Perinatology and Child Health)