

Special Issue

Promoting Physical Activity in the School Setting

Message from the Guest Editors

Sedentary lifestyles among the child/youth population is a critical issue today. Despite the strong evidence of the benefits of physical activity in this population, a very high percentage of children and adolescents do not reach the minimum daily recommendations. This translates into an increase in overweight and obesity figures and, consequently, health risk. Schools are an ideal environment in which to enact preventative action due to the large amount of time spent on sedentary activities. Therefore, it is of vital importance to implement effective policies and programs that focus on increasing the level of physical activity in this population. This Special Issue of *Children* aims to gather scientific evidence on interventions that aim to assess, promote or improve the performance of physical activity in the school context. We look forward to receiving your contributions.

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Deadline for manuscript submissions

closed (30 September 2024)



Children

an Open Access Journal
by MDPI

Impact Factor 2.1
CiteScore 3.8
Indexed in PubMed



mdpi.com/si/144293

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About the Journal

Message from the Editor-in-Chief

You are invited to contribute a research article or comprehensive review for consideration and publication in *Children* (ISSN 2227-9067). *Children* is an open access journal—research articles, reviews, and other content are published online immediately after acceptance. The scientific community and the general public have unlimited free access to the content as soon as it is published. The journal focuses on sharing clinical, epidemiological, and translational science relevant to children's health. We would be pleased to welcome you as one of our authors.

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