

Special Issue

New Trends in Adolescent Health and Development

Message from the Guest Editors

Adolescence is the transitional period between childhood and adulthood, which is generally characterized by good health. Nevertheless, it is a period with specific health challenges and developmental needs. Important changes take place, such as physical-hormonal (puberty, musculoskeletal, etc.), neurodevelopmental (emotional responses, sleep regulation, and cognitive capacities), psychological, and social changes. These special characteristics are often related to the emergence of certain health issues and high-risk behaviors. Considering the success and popularity of the Special Issue entitled “New Frontiers in Adolescent Health and Development” previously published in the journal *Children*

(https://www.mdpi.com/journal/children/special_issues/Adolescent_Health_Development), we are now releasing a related issue. We invite the submission of manuscripts dealing with the most common health-related issues observed in this specific age group. Original research papers, systematic reviews, and meta-analyses are welcome.

Guest Editors

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Deadline for manuscript submissions

closed (5 November 2023)



Children

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Impact Factor 2.1
CiteScore 3.8
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About the Journal

Message from the Editor-in-Chief

You are invited to contribute a research article or comprehensive review for consideration and publication in *Children* (ISSN 2227-9067). *Children* is an open access journal—research articles, reviews, and other content are published online immediately after acceptance. The scientific community and the general public have unlimited free access to the content as soon as it is published. The journal focuses on sharing clinical, epidemiological, and translational science relevant to children's health. We would be pleased to welcome you as one of our authors.

Editor-in-Chief

Prof. Dr. Paul R. Carney

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