

## Special Issue

# Diagnosis and Treatment of Eating Disorders in Children and Adolescents

### Message from the Guest Editors

Eating disorders are among the most prevalent, disabling, and potentially fatal mental disorders of unknown aetiology that can go undetected for years. Diagnostic systems recognise six main types of eating disorders: anorexia nervosa, bulimia nervosa, binge eating disorder, avoidant restrictive food intake disorder, pica, and rumination disorder.

Disturbed eating attitude is a key factor in the origin and disease sustenance that can result in medical complications of numerous organs. Due to physiological characteristics of growth and development, complications in children and adolescents can be serious, even irreversible if recognized late.

This Special Issue therefore aims to increase the knowledge of these complex disorders by inviting researchers and experts in this field—physicians, paediatricians, psychiatrists, psychologists, epidemiologists, nutritionists, kinesiologists and sports coaches—who work in close association with children and adolescents. Special focus will be laid on diagnostic approaches, and the design of practice and treatment modalities for patients/families.

---

### Guest Editors

Prof. Dr. Orjena Žaja

Pediatric Department, Sestre Milosrdnice University Hospital Center, University of Zagreb, Zagreb, Croatia

Dr. Ivan Begovac

Department of Psychiatry and Psychological Medicine, School of Medicine, Clinical Hospital Center Zagreb, University of Zagreb, Zagreb, Croatia

---

### Deadline for manuscript submissions

closed (15 February 2025)



## Children

---

an Open Access Journal  
by MDPI

---

Impact Factor 2.1  
CiteScore 3.8  
Indexed in PubMed



[mdpi.com/si/183325](https://mdpi.com/si/183325)

*Children*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[children@mdpi.com](mailto:children@mdpi.com)

[mdpi.com/journal/  
children](https://mdpi.com/journal/children)





# Children

---

an Open Access Journal  
by MDPI

---

Impact Factor 2.1  
CiteScore 3.8  
Indexed in PubMed



[mdpi.com/journal/  
children](https://mdpi.com/journal/children)



## About the Journal

### Message from the Editor-in-Chief

You are invited to contribute a research article or comprehensive review for consideration and publication in *Children* (ISSN 2227-9067). *Children* is an open access journal—research articles, reviews, and other content are published online immediately after acceptance. The scientific community and the general public have unlimited free access to the content as soon as it is published. The journal focuses on sharing clinical, epidemiological, and translational science relevant to children's health. We would be pleased to welcome you as one of our authors.

---

### Editor-in-Chief

Prof. Dr. Paul R. Carney  
Departments of Child Health and Neurology, University of Missouri, 400  
Keene Street, Columbia, MO 65211, USA

---

### Author Benefits

#### Open Access

— free for readers, with article processing charges (APC) paid by authors or their institutions.

#### High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, and other databases.

#### Journal Rank:

JCR - Q2 (Pediatrics) / CiteScore - Q2 (Pediatrics, Perinatology and Child Health)