

Special Issue

Obesity Management, Weight Loss Maintenance and Pediatric Nutrition

Message from the Guest Editors

This Special Issue addresses the multifaceted challenges associated with obesity, weight loss maintenance, and pediatric nutrition.

Obesity Management Strategies: We seek to synthesize the latest evidence on the effectiveness, safety, and long-term outcomes of various interventions, offering practical guidance

Weight Loss Maintenance: A significant focus is on sustaining weight loss over the long term and the challenges faced by individuals in maintaining weight loss, as well as identifying effective strategies

Pediatric Nutrition: This area addresses the unique nutritional needs of children and adolescents with obesity, with the need to discuss strategies for promoting healthy eating habits and physical activity as well as explore interventions

Clinical Guidelines and Practice Recommendations: Recommendations for screening, assessment, counseling, and treatment across diverse patient populations and settings are expected.

Guest Editors

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About the Journal

Message from the Editor-in-Chief

You are invited to contribute a research article or comprehensive review for consideration and publication in *Children* (ISSN 2227-9067). *Children* is an open access journal—research articles, reviews, and other content are published online immediately after acceptance. The scientific community and the general public have unlimited free access to the content as soon as it is published. The journal focuses on sharing clinical, epidemiological, and translational science relevant to children's health. We would be pleased to welcome you as one of our authors.

Editor-in-Chief

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