

Special Issue

Nutritional Status and Eating Patterns in Children and Adolescents: Tackling Vulnerabilities, Gender Gaps and Nutritional Disparities

Message from the Guest Editors

Nutrition plays a fundamental role in shaping the current and future health of children and adolescents. Sustainable Development Goal (SDG) 2 aims to achieve zero hunger and eliminate all forms of malnutrition, ensuring that no one is left behind. Achieving this goal both contributes to—and requires—coordinated progress toward SDG 3, which promotes healthy lives and well-being for all. It is essential to recognize and respond to the diverse and evolving nutritional needs of children and adolescents, taking into account differences in age, gender, and socio-cultural background. A nuanced understanding of these factors is crucial to designing nutrition interventions and public health strategies. This Special Issue welcomes articles that examine the nutritional status and eating patterns of children and adolescents, with a particular interest in those that cover social vulnerabilities, gender disparities, and cultural contexts.

Guest Editors

Prof. Dr. Ersilia Buonomo

Department of Biomedicine and Prevention, University of Rome Tor Vergata, 00133 Rome, Italy

Dr. Stefania Moramarco

Department of Biomedicine and Prevention, University of Rome Tor Vergata, Rome, Italy

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Children
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
children@mdpi.com

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About the Journal

Message from the Editor-in-Chief

You are invited to contribute a research article or comprehensive review for consideration and publication in *Children* (ISSN 2227-9067). *Children* is an open access journal—research articles, reviews, and other content are published online immediately after acceptance. The scientific community and the general public have unlimited free access to the content as soon as it is published. The journal focuses on sharing clinical, epidemiological, and translational science relevant to children's health. We would be pleased to welcome you as one of our authors.

Editor-in-Chief

Prof. Dr. Paul R. Carney
Departments of Child Health and Neurology, University of Missouri, 400
Keene Street, Columbia, MO 65211, USA

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