

Special Issue

Adiposity and Adolescent Health: Outcomes, Mechanisms, Interventions and Evidence in the Obesity Era

Message from the Guest Editors

Adolescent adiposity represents a critical public health issue. Obesity rates among adolescents follow an increasing global trend driven by complex interactions among genetic predisposition, behavioral factors, and socio-environmental determinants. This Special Issue aims to synthesize all the currently available evidence and stimulate scholarly discourse on the prevention, assessment, and management of adiposity during adolescence. Cutting-edge research that explores novel biomarkers, digital interventions, school-based programs, and equity-focused approaches to care is also highlighted in this Special Issue.

Data drawn from original research, systematic reviews, meta-analyses, and commentary articles in the field of adolescent adiposity and obesity are warmly welcomed in order to form this Special Issue. By highlighting emerging evidence and innovative interventions, this issue aspires to bridge research and clinical practice for the promotion of adolescent health and well-being.

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About the Journal

Message from the Editor-in-Chief

You are invited to contribute a research article or comprehensive review for consideration and publication in *Children* (ISSN 2227-9067). *Children* is an open access journal—research articles, reviews, and other content are published online immediately after acceptance. The scientific community and the general public have unlimited free access to the content as soon as it is published. The journal focuses on sharing clinical, epidemiological, and translational science relevant to children's health. We would be pleased to welcome you as one of our authors.

Editor-in-Chief

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