

Special Issue

New Research in Childhood Nutrition

Message from the Guest Editor

Healthy eating habits have been demonstrated to have a positive influence on preventing chronic diseases and improving mental health in children and adolescents. However, changes to diets and lifestyles have meant that children are now consuming substantially poorer diets, with a lower consumption of fruit and vegetables, and a higher consumption of energy-dense foods, sugary drinks, and ultra-processed foods. These changes are not only seen in high-income countries. Low and middle-income countries have also experienced changes, which have resulted in the coexistence of both overnutrition and undernutrition. The goal of this Special Issue in *Children* is to highlight new research in childhood nutrition. We welcome new reviews and original research which consider novel approaches and identify gaps in knowledge. We also encourage submissions that explore how nutrition may impact upon physical and mental health during these stages.

Guest Editor

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About the Journal

Message from the Editor-in-Chief

You are invited to contribute a research article or comprehensive review for consideration and publication in *Children* (ISSN 2227-9067). *Children* is an open access journal—research articles, reviews, and other content are published online immediately after acceptance. The scientific community and the general public have unlimited free access to the content as soon as it is published. The journal focuses on sharing clinical, epidemiological, and translational science relevant to children's health. We would be pleased to welcome you as one of our authors.

Editor-in-Chief

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