

## Special Issue

# The Promotion of Motor Behavior and Physical Activity in Children: The Present and a Challenge for Future

### Message from the Guest Editors

This Special Issue focuses on the critical intersection of motor competence, physical fitness, and physical activity in childhood, key factors for healthy growth and development. Over the past decades, research has highlighted the significance of these elements in shaping both the physical and cognitive development of children, as well as in fostering lifelong healthy behaviors. The aim of this Special Issue is to explore cutting-edge research that delves into these themes and to examine how factors such as play, perceived competence, cognitive development, motivation, and well-being contribute to promoting physical activity. We invite contributions that address a wide range of topics, including but not limited to motor competence, physical fitness, cognitive processes, outdoor activity, and the challenges posed by modern society. We welcome empirical studies, reviews, and theoretical papers that offer innovative insights into how to support and enhance physical activity in children, ensuring a healthier future.

### Guest Editors

Dr. Patrizia Tortella

Prof. Dr. Hermundur Sigmundsson

Prof. Dr. Monika Haga

Dr. Clarice Maria De Lucena Martins

Dr. Fotini Venetsanou

Prof. Dr. Donatella Di Corrado

### Deadline for manuscript submissions

closed (10 May 2025)



## Children

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## About the Journal

### Message from the Editor-in-Chief

You are invited to contribute a research article or comprehensive review for consideration and publication in *Children* (ISSN 2227-9067). *Children* is an open access journal—research articles, reviews, and other content are published online immediately after acceptance. The scientific community and the general public have unlimited free access to the content as soon as it is published. The journal focuses on sharing clinical, epidemiological, and translational science relevant to children's health. We would be pleased to welcome you as one of our authors.

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### Editor-in-Chief

Prof. Dr. Paul R. Carney

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