

Special Issue

Effects of Screen Time on Children’s Mental, Social, and Cognitive Health

Message from the Guest Editor

We are pleased to invite contributions to our upcoming Special Issue which will focus on the multifaceted impact of screen use and social media on the mental, social, and cognitive health of children. Scope and Topics:

- Mental Health—examining the effects of screen time, social media, and gaming on children’s anxiety, depression, self-esteem, and overall emotional well-being.
- Social Health—investigating how digital interactions affect children’s social skills, peer relationships, play, and behaviors.
- Cognitive Health—analyzing the impact of screens, social media, and gaming on attention spans, academic performance, cognitive development, curiosity, creativity, wonder, and learning processes.

We welcome original research articles, reviews, systematic reviews, meta-analyses, and case studies that provide insights into both the potential risks and benefits associated with screen use among children. Submissions that offer innovative solutions, strategies for promoting healthy digital habits, and guidelines for parents and educators are highly encouraged.

Guest Editor

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Deadline for manuscript submissions

closed (10 March 2026)



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About the Journal

Message from the Editor-in-Chief

You are invited to contribute a research article or comprehensive review for consideration and publication in *Children* (ISSN 2227-9067). *Children* is an open access journal—research articles, reviews, and other content are published online immediately after acceptance. The scientific community and the general public have unlimited free access to the content as soon as it is published. The journal focuses on sharing clinical, epidemiological, and translational science relevant to children’s health. We would be pleased to welcome you as one of our authors.

Editor-in-Chief

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