

## Special Issue

# Effects of Screen Time on Children's Mental, Social, and Cognitive Health

### Message from the Guest Editor

We are pleased to invite contributions to our upcoming Special Issue which will focus on the multifaceted impact of screen use and social media on the mental, social, and cognitive health of children. Scope and Topics:

- Mental Health—examining the effects of screen time, social media, and gaming on children's anxiety, depression, self-esteem, and overall emotional well-being.
- Social Health—investigating how digital interactions affect children's social skills, peer relationships, play, and behaviors.
- Cognitive Health—analyzing the impact of screens, social media, and gaming on attention spans, academic performance, cognitive development, curiosity, creativity, wonder, and learning processes.

We welcome original research articles, reviews, systematic reviews, meta-analyses, and case studies that provide insights into both the potential risks and benefits associated with screen use among children. Submissions that offer innovative solutions, strategies for promoting healthy digital habits, and guidelines for parents and educators are highly encouraged.

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### Guest Editor

Dr. Ana Maria Abreu

Center for Interdisciplinary Research in Health, Universidade Católica Portuguesa, 1649-023 Lisbon, Portugal

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### Deadline for manuscript submissions

10 September 2025



## Children

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## About the Journal

### Message from the Editor-in-Chief

You are invited to contribute a research article or comprehensive review for consideration and publication in *Children* (ISSN 2227-9067). *Children* is an open access journal—research articles, reviews, and other content are published online immediately after acceptance. The scientific community and the general public have unlimited free access to the content as soon as it is published. The journal focuses on sharing clinical, epidemiological, and translational science relevant to children's health. We would be pleased to welcome you as one of our authors.

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### Editor-in-Chief

Prof. Dr. Paul R. Carney

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