

Special Issue

New Insights into Back Health Intervention in Children

Message from the Guest Editors

During the second half of the 20th century, nonspecific low back pain (LBP) became a major problem for public health systems in the Western world. Currently, the prevalence of back problems at school age is high. The European guidelines for LBP prevention based on scientific studies and recent review studies conclude that there is insufficient evidence to recommend generalized educational intervention in school-age children, but state that the development of preventive programs and risk factor modification would be beneficial. Thus, there is a wide consensus on the need to address back health problems at early ages in an educational context. Comprehensive back health education interventions should focus on improving back health awareness and encouraging the development of healthy habits through motivating activities. This Special Issue aims to analyze the current state of educational interventions for the care and improvement of back health. In addition, it seeks to select the most important research studies on interventions under development, point out the most effective models and methodological strategies in diverse educational contexts.

Guest Editors

Prof. Dr. Vicente Miñana-Signes

Dr. Manuel Monfort-Pañego

Dr. Josep Vidal Conti

Prof. Dr. Matias Noll

Deadline for manuscript submissions

closed (25 August 2024)



Children

an Open Access Journal
by MDPI

Impact Factor 2.1
CiteScore 3.8
Indexed in PubMed



mdpi.com/si/196140

Children
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
children@mdpi.com

[mdpi.com/journal/
children](https://mdpi.com/journal/children)





Children

an Open Access Journal
by MDPI

Impact Factor 2.1
CiteScore 3.8
Indexed in PubMed



[mdpi.com/journal/
children](https://mdpi.com/journal/children)



About the Journal

Message from the Editor-in-Chief

You are invited to contribute a research article or comprehensive review for consideration and publication in *Children* (ISSN 2227-9067). *Children* is an open access journal—research articles, reviews, and other content are published online immediately after acceptance. The scientific community and the general public have unlimited free access to the content as soon as it is published. The journal focuses on sharing clinical, epidemiological, and translational science relevant to children's health. We would be pleased to welcome you as one of our authors.

Editor-in-Chief

Prof. Dr. Paul R. Carney
Departments of Child Health and Neurology, University of Missouri, 400
Keene Street, Columbia, MO 65211, USA

Author Benefits

Open Access

— free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, and other databases.

Journal Rank:

JCR - Q2 (Pediatrics) / CiteScore - Q2 (Pediatrics, Perinatology and Child Health)