

Special Issue

Attachment-Informed Interventions for Children and Adolescents

Message from the Guest Editor

Attachment theory provides a powerful perspective through which to understand how early relational experiences influence emotional, social, and cognitive development throughout childhood and adolescence. This framework has inspired a growing number of interventions and programs that aim to strengthen caregiving relationships and encourage positive development, especially in situations where children and families are facing significant challenges. This Special Issue invites contributions that explore how attachment theory informs practices in educational, family, and community settings. We encourage studies that examine established and emerging approaches, such as parenting support programs, early childhood education initiatives, school-based interventions, and psychotherapeutic models, that draw on attachment principles to foster secure relationships and social-emotional growth. We welcome submissions of empirical research (quantitative, qualitative, or mixed methods), systematic reviews, meta-analyses, and conceptual contributions.

Guest Editor

Dr. Valentina Lucia La Rosa

Department of Educational Sciences, University of Catania, 95100 Catania, Italy

Deadline for manuscript submissions

30 November 2025



Children

an Open Access Journal
by MDPI

Impact Factor 2.1
CiteScore 3.8
Indexed in PubMed



mdpi.com/si/243321

Children
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
children@mdpi.com

[mdpi.com/journal/
children](https://mdpi.com/journal/children)





Children

an Open Access Journal
by MDPI

Impact Factor 2.1
CiteScore 3.8
Indexed in PubMed



[mdpi.com/journal/
children](https://mdpi.com/journal/children)



About the Journal

Message from the Editor-in-Chief

You are invited to contribute a research article or comprehensive review for consideration and publication in *Children* (ISSN 2227-9067). *Children* is an open access journal—research articles, reviews, and other content are published online immediately after acceptance. The scientific community and the general public have unlimited free access to the content as soon as it is published. The journal focuses on sharing clinical, epidemiological, and translational science relevant to children's health. We would be pleased to welcome you as one of our authors.

Editor-in-Chief

Prof. Dr. Paul R. Carney
Departments of Child Health and Neurology, University of Missouri, 400
Keene Street, Columbia, MO 65211, USA

Author Benefits

Open Access

— free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, and other databases.

Journal Rank:

JCR - Q2 (Pediatrics) / CiteScore - Q2 (Pediatrics, Perinatology and Child Health)