

## Special Issue

# Pediatric Postural Health: Orthopedic, Physical Therapy, and Exercise-Based Approaches

### Message from the Guest Editors

Postural diseases in pediatric age represent a relevant health issue. The altered postural alignment in childhood and adolescence can be considered one of the most important sources of musculoskeletal problems, since it can negatively impact local and global muscular balance, body aesthetics, and self-image perception. Structural and non-structural misalignment affect the morphological profile, induce dysfunctional postures, and lead to bone changes, pain, and long-term complications. This Special Issue aims to present an overview of current scientific knowledge on pediatric postural diseases (scoliosis, hyperkyphosis, spinal deformity, sagittal imbalances, lower body misalignment) from an integrated perspective, including orthopedic, physical therapy, and exercise-based approaches. Systematic reviews, longitudinal and cross-sectional studies, case reports on human posture evaluation in static and dynamic conditions, orthopedic treatments of spine and lower body misalignment, and physiotherapeutic and kinesiological approaches are encouraged for submission.

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### Guest Editors

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### Deadline for manuscript submissions

20 June 2026



## Children

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## About the Journal

### Message from the Editor-in-Chief

You are invited to contribute a research article or comprehensive review for consideration and publication in *Children* (ISSN 2227-9067). *Children* is an open access journal—research articles, reviews, and other content are published online immediately after acceptance. The scientific community and the general public have unlimited free access to the content as soon as it is published. The journal focuses on sharing clinical, epidemiological, and translational science relevant to children's health. We would be pleased to welcome you as one of our authors.

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### Editor-in-Chief

Prof. Dr. Paul R. Carney

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