

## Special Issue

# Health Challenges and Solutions in Pediatric Endocrine Disease: Early Prevention and Management

### Message from the Guest Editors

In recent years, significant progress has been made in management strategies for pediatric endocrine disorders. A key aspect of these advances is the improvement in diagnostic techniques, which has enabled easier access to advanced investigations, such as genetic analysis. These tools have not only deepened our understanding of many endocrine diseases but have also improved our capacity for early diagnosis and personalized therapies. The enhanced knowledge of childhood growth disorders and obesity (both in early prevention and treatment) has transformed the clinical management of affected patients. This Special Issue aims to address the diagnostic and therapeutic challenges that characterize these disorders. We invite original research articles, systematic or narrative reviews, and clinically relevant case reports with literature reviews focusing on early identification and prevention strategies, novel biomarkers, and advances in genetic and hormonal profiling. Special consideration will be given to works exploring the most pressing clinical challenges and proposing innovative solutions in pediatric endocrinology.

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### Guest Editors

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### Deadline for manuscript submissions

closed (5 December 2025)



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## About the Journal

### Message from the Editor-in-Chief

You are invited to contribute a research article or comprehensive review for consideration and publication in *Children* (ISSN 2227-9067). *Children* is an open access journal—research articles, reviews, and other content are published online immediately after acceptance. The scientific community and the general public have unlimited free access to the content as soon as it is published. The journal focuses on sharing clinical, epidemiological, and translational science relevant to children's health. We would be pleased to welcome you as one of our authors.

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### Editor-in-Chief

Prof. Dr. Paul R. Carney

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