

## Special Issue

# Food Intake and Nutrition Assessment in Children: Focus on Healthy Growth

### Message from the Guest Editor

Nutrition is a critical part of health and development. Better nutrition is related to improved infant, child, and maternal health; stronger immune systems; safer pregnancy and childbirth; lower risk of non-communicable diseases (such as diabetes and cardiovascular disease); and longevity. Healthy children learn better. People with adequate nutrition are more productive and can create opportunities to gradually break the cycles of poverty and hunger. The aim of this Special Issue is to collect research studies based on nationally representative surveys, aimed to investigate the healthy growth with difference in food, energy, and nutrient intake between different subgroups of the children population, and to identify subgroups at risk for a deficient or excessive intake of specific foods or nutrients; to evaluate the anthropometry, physical activity and sedentary behaviour in relation to food and nutrient intake; explore the relationships between family characteristics, food practices, eating context, and diet quality or single foods/food groups consumption, such as fruits and vegetables, dairy products, snack foods, ultra-processed foods.

### Guest Editor

Dr. Ayoub Al-Jawaldeh

Regional Advisor at World Health Organization for Eastern Mediterranean Region, Cairo, Egypt

### Deadline for manuscript submissions

closed (20 April 2023)



## Children

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## About the Journal

### Message from the Editor-in-Chief

You are invited to contribute a research article or comprehensive review for consideration and publication in *Children* (ISSN 2227-9067). *Children* is an open access journal—research articles, reviews, and other content are published online immediately after acceptance. The scientific community and the general public have unlimited free access to the content as soon as it is published. The journal focuses on sharing clinical, epidemiological, and translational science relevant to children's health. We would be pleased to welcome you as one of our authors.

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### Editor-in-Chief

Prof. Dr. Paul R. Carney  
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