

Special Issue

Advances in Adolescent Mental Health: Early Prevention and Intervention

Message from the Guest Editors

Adolescence is a critical period in terms of mental health, being marked by profound psychological, emotional, and social transitions. In recent decades, research has emphasized the importance of early prevention and intervention in order to foster psychological well-being and reduce the onset of mental health disorders. This Special Issue aims to explore cutting-edge studies that promote adolescent mental health and well-being, with a particular focus on resilience, emotion regulation, empathy, and future orientation—protective factors that support positive developmental trajectories. We invite contributions that advance theoretical models, empirical findings, and applied practices in educational, clinical, or community settings. Papers addressing culturally responsive interventions, digital tools, and longitudinal research are especially welcome. By integrating diverse methodologies and interdisciplinary perspectives, this Special Issue seeks to inform effective, scalable, and evidence-based strategies for strengthening adolescent mental health.

Guest Editors

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About the Journal

Message from the Editor-in-Chief

You are invited to contribute a research article or comprehensive review for consideration and publication in *Children* (ISSN 2227-9067). *Children* is an open access journal—research articles, reviews, and other content are published online immediately after acceptance. The scientific community and the general public have unlimited free access to the content as soon as it is published. The journal focuses on sharing clinical, epidemiological, and translational science relevant to children's health. We would be pleased to welcome you as one of our authors.

Editor-in-Chief

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