Special Issue

The State of the Art in Obesity, Eating Habits and Nutrition among Children and Adolescents

Message from the Guest Editors

Overweight and obesity, especially in childhood and adolescence, have been and still are a rising disease of epidemic proportions. Eating habits and nutrition in general have been at the epicenter of this phenomenon and numerous interventions with various perspectives have been planned and implemented in an attempt to address this issue. The aim and scope of this Special Issue is to add one more building material to the consensus that is being constructed on the ways in which we manage this disease. We are welcoming cutting-edge research of various designs, including primary research in the form of RCTs, cohort studies or cross-sectional studies that explore new areas of the role of nutrition and eating habits in obesity, as well as secondary research papers such are reviews and metaanalyses of published data relevant to this topic.

Guest Editors

Dr. Grigoris Risvas Dietetics Department, Aegean College, Athens, Greece

Dr. Paul Farajian

Hellenic Medical Association for Obesity, Athens, Greece

Deadline for manuscript submissions

10 August 2025



an Open Access Journal by MDPI

Impact Factor 2.1
CiteScore 3.8
Indexed in PubMed



mdpi.com/si/211285

Children Editorial Office MDPI, Grosspeteranlage 5 4052 Basel, Switzerland Tel: +41 61 683 77 34 children@mdpi.com

mdpi.com/journal/children





Children

an Open Access Journal by MDPI

Impact Factor 2.1 CiteScore 3.8 Indexed in PubMed



About the Journal

Message from the Editor-in-Chief

You are invited to contribute a research article or comprehensive review for consideration and publication in *Children* (ISSN 2227-9067). *Children* is an open access journal—research articles, reviews, and other content are published online immediately after acceptance. The scientific community and the general public have unlimited free access to the content as soon as it is published. The journal focuses on sharing clinical, epidemiological, and translational science relevant to children's health. We would be pleased to welcome you as one of our authors.

Editor-in-Chief

Prof. Dr. Paul R. Carney

Departments of Child Health and Neurology, University of Missouri, 400 Keene Street, Columbia, MO 65211, USA

Author Benefits

Open Access

 free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC. Embase, and other databases.

Journal Rank:

JCR - Q2 (Pediatrics) / CiteScore - Q2 (Pediatrics, Perinatology and Child Health)

