

## Special Issue

# Promoting Breastfeeding and Human Milk in Infants

### Message from the Guest Editors

Breast milk is considered by the scientific community and all institutions dealing with pediatric health as an important element of well-being in the short and long term for newborns. For premature babies, it is considered a life-saving drug, thanks to the protective effect against the main complications of prematurity and, when the mother's milk is not available, the second nutritional option is the donated milk from to milk banks. Extensive use of maternal milk results in healthier children and adults. For this reason, many states have adopted breastfeeding promotion measures that led to higher percentages over the years, but the objectives established worldwide have not yet been achieved. Worrying breastfeeding rates are recorded in low-income countries. Studies relating to human milk, both regarding its composition and the correlation between bioactive factors and the prevention of pathologies, as well as the use of donated milk, are welcome, but also studies analyzing the state of the art in breastfeeding and the factors that have been shown to be effective in promoting breastfeeding and the use of human milk.

---

### Guest Editors

Dr. Pasqua Anna Quitadamo

Neonatology–Neonatal Intensive Care Unit, IRCCS Casa Sollievo della Sofferenza, 71013 San Giovanni Rotondo, Italy

Prof. Dr. Luigi Corvaglia

Department of Medical and Surgical Sciences, University of Bologna, 40138 Bologna, Italy

---

### Deadline for manuscript submissions

closed (1 March 2025)



## Children

---

an Open Access Journal  
by MDPI

---

Impact Factor 2.1  
CiteScore 3.8  
Indexed in PubMed



[mdpi.com/si/181778](https://mdpi.com/si/181778)

*Children*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[children@mdpi.com](mailto:children@mdpi.com)

[mdpi.com/journal/  
children](https://mdpi.com/journal/children)





# Children

---

an Open Access Journal  
by MDPI

---

Impact Factor 2.1  
CiteScore 3.8  
Indexed in PubMed



[mdpi.com/journal/  
children](https://mdpi.com/journal/children)



## About the Journal

### Message from the Editor-in-Chief

You are invited to contribute a research article or comprehensive review for consideration and publication in *Children* (ISSN 2227-9067). *Children* is an open access journal—research articles, reviews, and other content are published online immediately after acceptance. The scientific community and the general public have unlimited free access to the content as soon as it is published. The journal focuses on sharing clinical, epidemiological, and translational science relevant to children's health. We would be pleased to welcome you as one of our authors.

---

### Editor-in-Chief

Prof. Dr. Paul R. Carney

Departments of Child Health and Neurology, University of Missouri, 400 Keene Street, Columbia, MO 65211, USA

---

### Author Benefits

#### Open Access

— free for readers, with article processing charges (APC) paid by authors or their institutions.

#### High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, and other databases.

#### Journal Rank:

JCR - Q2 (Pediatrics) / CiteScore - Q2 (Pediatrics, Perinatology and Child Health)