Special Issue

Advances in Mental Health and Well-Being in Children (2nd Edition)

Message from the Guest Editors

Mental disorders are the largest cause of the burden of disease in the world. Evidence is accumulating on the broad impact that the well-being one has during childhood and adolescence has on physical and mental health across the course of a lifetime. In fact, most of the disease burden affecting adults has its onset during childhood and adolescence.

There is a growing concern about the mental health and well-being of children, with increasing demand for counselling services and referrals to mental health services. It has been well established in the existing literature that children and young people who experience positive support from parents and teachers may develop psychological resilience.

Family factors, including the quality of parental care, can make a huge difference to children's early life pathways, for better or for worse. Understanding how best to intervene to support parents is a key challenge. Thus, there is a strong need to expand our knowledge on how to reduce risk factors and promote protective environments.

Guest Editors

Prof. Dr. Cristina Nunes

- 1. University Research Center in Psychology (CUIP), 8005-139 Faro, Portugal
- 2. Department of Psychology and Education Sciences, University of Algarve, 8005-139 Faro, Portugal

Dr. Cláudia Carmo

- 1. University Research Center in Psychology (CUIP), 8005-139 Faro, Portugal
- 2. Department of Psychology and Education Sciences, University of Algarve, 8005-139 Faro, Portugal

Deadline for manuscript submissions

closed (15 July 2025)



an Open Access Journal by MDPI

Impact Factor 2.1
CiteScore 3.8
Indexed in PubMed



mdpi.com/si/228350

Children
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
children@mdpi.com

mdpi.com/journal/ children





Children

an Open Access Journal by MDPI

Impact Factor 2.1 CiteScore 3.8 Indexed in PubMed



About the Journal

Message from the Editor-in-Chief

You are invited to contribute a research article or comprehensive review for consideration and publication in *Children* (ISSN 2227-9067). *Children* is an open access journal—research articles, reviews, and other content are published online immediately after acceptance. The scientific community and the general public have unlimited free access to the content as soon as it is published. The journal focuses on sharing clinical, epidemiological, and translational science relevant to children's health. We would be pleased to welcome you as one of our authors.

Editor-in-Chief

Prof. Dr. Paul R. Carney

Departments of Child Health and Neurology, University of Missouri, 400 Keene Street, Columbia, MO 65211, USA

Author Benefits

Open Access

 free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC. Embase, and other databases.

Journal Rank:

JCR - Q2 (Pediatrics) / CiteScore - Q2 (Pediatrics, Perinatology and Child Health)

