

Special Issue

Clinical Presentation, Evaluation, and Treatment of Sleep-Disorders in Children and Adolescents

Message from the Guest Editors

Obstructive sleep apnea (OSA) in children and adolescents is a significant public health concern, impacting neurocognitive function, long-term metabolic and cardiovascular health, and overall quality of life. This Special Issue includes articles regarding clinical presentations, epidemiology, diagnostics, and therapeutic interventions for childhood and adolescent OSA. Accurate diagnosis remains crucial, encompassing clinical evaluation, polysomnography (PSG), emerging techniques, and craniofacial imaging. The Special Issue will also include analyses of symptoms associated with OSA, such as excessive daytime sleepiness. Therapeutic strategies range from conservative measures like weight management and lifestyle modifications to definitive interventions such as adenotonsillectomy, continuous positive airway pressure (CPAP) therapy, and maxillomandibular advancement (MMA). By focusing this Special Issue on current diagnostic and therapeutic paradigms, we aim to enhance clinical practice and improve outcomes for children and adolescents with OSA.

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Message from the Editor-in-Chief

You are invited to contribute a research article or comprehensive review for consideration and publication in *Children* (ISSN 2227-9067). *Children* is an open access journal—research articles, reviews, and other content are published online immediately after acceptance. The scientific community and the general public have unlimited free access to the content as soon as it is published. The journal focuses on sharing clinical, epidemiological, and translational science relevant to children's health. We would be pleased to welcome you as one of our authors.

Editor-in-Chief

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