

Special Issue

Advances in Childhood and Adolescent Psychopathology Based on Digital Intervention

Message from the Guest Editor

This Special Issue explores the *latest advances in digital interventions for treating psychopathology in children and adolescents*. It aims to highlight innovative approaches leveraging technology to address mental health challenges, including (but not limited to):

- Anxiety;
- Depression;
- Attention-deficit/hyperactivity disorder (ADHD);
- Autism spectrum disorders (ASD).

The issue is intended to feature a collection of (but not limited to) the following:

- Empirical research articles using primary and/or secondary data analysis;
- Review articles outlining new areas for exploration;
- Clinical trials (randomized control and/or feasibility);
- Case studies in this unique population.

Such articles should demonstrate the efficacy and accessibility of digital tools such as mobile apps, virtual reality, teletherapy, and/or online support platforms for addressing the youth mental health crisis. The contributions from this Special Issue will underscore the importance of interdisciplinary collaboration and the need for ongoing research to optimize digital interventions for young populations. I look forward to receiving your contributions!

Guest Editor

Dr. Sarah Pila

Department of Medical Social Sciences, Feinberg School of Medicine,
Northwestern University, Chicago, IL, USA

Deadline for manuscript submissions

20 August 2025



Children

an Open Access Journal
by MDPI

Impact Factor 2.1
CiteScore 3.8
Indexed in PubMed



mdpi.com/si/232657

Children
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
children@mdpi.com

[mdpi.com/journal/
children](https://mdpi.com/journal/children)





Children

an Open Access Journal
by MDPI

Impact Factor 2.1
CiteScore 3.8
Indexed in PubMed



[mdpi.com/journal/
children](https://mdpi.com/journal/children)



About the Journal

Message from the Editor-in-Chief

You are invited to contribute a research article or comprehensive review for consideration and publication in *Children* (ISSN 2227-9067). *Children* is an open access journal—research articles, reviews, and other content are published online immediately after acceptance. The scientific community and the general public have unlimited free access to the content as soon as it is published. The journal focuses on sharing clinical, epidemiological, and translational science relevant to children's health. We would be pleased to welcome you as one of our authors.

Editor-in-Chief

Prof. Dr. Paul R. Carney
Departments of Child Health and Neurology, University of Missouri, 400
Keene Street, Columbia, MO 65211, USA

Author Benefits

Open Access

— free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, and other databases.

Journal Rank:

JCR - Q2 (Pediatrics) / CiteScore - Q2 (Pediatrics, Perinatology and Child Health)