

Special Issue

Child Nutrition and Growth

Message from the Guest Editor

Childhood is fundamental for the acquisition of behaviours that are likely to endure into adulthood. It is therefore not surprising that engagement in healthy eating is considered to be one of the most important habits to be acquired by children for them to develop into healthy adults. Nutrition is much more than food, and so the consumption of a balanced and nutritional diet may have positive direct and indirect impacts on behavioural and psychosocial factors in children and adolescents. This Special Issue in *Children* aims to highlight new research in childhood nutrition. We welcome reviews and original research which consider novel approaches and identify gaps in knowledge. We also encourage submissions that explore how nutrition may impact physical and mental health during these stages.

Guest Editor

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About the Journal

Message from the Editor-in-Chief

You are invited to contribute a research article or comprehensive review for consideration and publication in *Children* (ISSN 2227-9067). *Children* is an open access journal—research articles, reviews, and other content are published online immediately after acceptance. The scientific community and the general public have unlimited free access to the content as soon as it is published. The journal focuses on sharing clinical, epidemiological, and translational science relevant to children's health. We would be pleased to welcome you as one of our authors.

Editor-in-Chief

Prof. Dr. Paul R. Carney

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