

Special Issue

Living beyond Medical Complexity: Factors That Shape Family Health and Wellbeing

Message from the Guest Editors

Children with medical complexity have multiple significant, chronic, and often rare conditions requiring advanced care coordination. Their families often face extreme stress due to ongoing medical needs and traumatic experiences encountered over time while navigating the healthcare system. Social determinants of health, poverty, and racism may further reduce care access. This Special Issue will focus on family wellbeing, resilience, and relational processes that impact mental health. We will advance the evidence base and assess measurable ways in which the lives of these families can be improved. The following types of articles are sought: outcome studies on mental health and family-based interventions for this population, implementation science outcomes assessing different interventions' feasibility and generalizability, and studies on reducing health disparities and promoting resilience. Concept papers and research studies are welcome. This Special Issue will elevate the knowledge and guidance for care teams to better support the overall health and wellbeing of these children and families.

Guest Editors

Dr. Courtney Holmes

Dr. Leslee T. Belzer

Dr. Tiffany N. Kimbrough

Prof. Dr. Brian S. Carter

Deadline for manuscript submissions

closed (20 July 2025)



Children

an Open Access Journal
by MDPI

Impact Factor 2.1
CiteScore 3.8
Indexed in PubMed



mdpi.com/si/210040

Children
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
children@mdpi.com

[mdpi.com/journal/
children](https://mdpi.com/journal/children)





Children

an Open Access Journal
by MDPI

Impact Factor 2.1
CiteScore 3.8
Indexed in PubMed



[mdpi.com/journal/
children](https://mdpi.com/journal/children)



About the Journal

Message from the Editor-in-Chief

You are invited to contribute a research article or comprehensive review for consideration and publication in *Children* (ISSN 2227-9067). *Children* is an open access journal—research articles, reviews, and other content are published online immediately after acceptance. The scientific community and the general public have unlimited free access to the content as soon as it is published. The journal focuses on sharing clinical, epidemiological, and translational science relevant to children's health. We would be pleased to welcome you as one of our authors.

Editor-in-Chief

Prof. Dr. Paul R. Carney
Departments of Child Health and Neurology, University of Missouri, 400
Keene Street, Columbia, MO 65211, USA

Author Benefits

Open Access

— free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, and other databases.

Journal Rank:

JCR - Q2 (Pediatrics) / CiteScore - Q2 (Pediatrics, Perinatology and Child Health)