

Special Issue

Mental Health and Resilience in Young People Experiencing Childhood Adversity

Message from the Guest Editors

Childhood adversity, including experiences of abuse, neglect, family dysfunction, and socio-economic hardship, is known to affect mental health outcomes in young people. This Special Issue seeks to provide a comprehensive overview of current research on mental health and resilience in young people who have experienced childhood adversity. Recent research has provided novel insights into the neurobiological mechanisms of resilience, with some studies showing how early life stress can alter brain development and others identifying genetic and environmental factors that can buffer these effects. We invite researchers to submit original research articles, including quantitative, qualitative, and mixed-methods research studies; reviews of empirical evidence, such as systematic or scoping reviews; and methodological papers that contribute to our understanding of mental health and resilience in young people experiencing adversity. We particularly welcome interdisciplinary approaches that integrate perspectives from psychology, neuroscience, social work, education, and the health sciences.

Guest Editors

Dr. Margherita Cameranesi

Department of Psychology, Saint Mary's University, Halifax, NS B3H 3C3, Canada

Dr. Caroline C. Piotrowski

Rady Faculty of Health Sciences, University of Manitoba, Winnipeg, MB R3T 2N2, Canada

Deadline for manuscript submissions

5 February 2026



Children

an Open Access Journal
by MDPI

Impact Factor 2.1
CiteScore 3.8
Indexed in PubMed



mdpi.com/si/225016

Children
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
children@mdpi.com

[mdpi.com/journal/
children](https://mdpi.com/journal/children)





Children

an Open Access Journal
by MDPI

Impact Factor 2.1
CiteScore 3.8
Indexed in PubMed



[mdpi.com/journal/
children](https://mdpi.com/journal/children)



About the Journal

Message from the Editor-in-Chief

You are invited to contribute a research article or comprehensive review for consideration and publication in *Children* (ISSN 2227-9067). *Children* is an open access journal—research articles, reviews, and other content are published online immediately after acceptance. The scientific community and the general public have unlimited free access to the content as soon as it is published. The journal focuses on sharing clinical, epidemiological, and translational science relevant to children's health. We would be pleased to welcome you as one of our authors.

Editor-in-Chief

Prof. Dr. Paul R. Carney
Departments of Child Health and Neurology, University of Missouri, 400
Keene Street, Columbia, MO 65211, USA

Author Benefits

Open Access

— free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, and other databases.

Journal Rank:

JCR - Q2 (Pediatrics) / CiteScore - Q2 (Pediatrics, Perinatology and Child Health)