

Special Issue

Nutritional Status and Eating Patterns in Children and Adolescents: Prevalence, Screening and Prevention of Metabolic Disorders

Message from the Guest Editors

The increasing rates of malnutrition in children and adolescents have become a major public health concern, due to its negative effects during this critical period of development and also in adulthood. Within this context, metabolic disorders due to an excess of weight in childhood represent an alarming challenge because children with obesity are prone to remain obese throughout their lives and have an increased morbidity and mortality risk. Therefore, the screening and assessment of the nutritional status, growth patterns, and eating behavior in children and adolescents are essential for preventing non-communicable diseases at early stages. Scientific research will contribute to updating the epidemiology of nutritional status of children and adolescents in different countries, understanding the diet patterns of new generations worldwide, and spreading information among public health stakeholders and policymakers.

Guest Editors

Dr. Stefania Moramarco

Department of Biomedicine and Prevention, University of Rome Tor Vergata, Rome, Italy

Prof. Dr. Ersilia Buonomo

Department of Biomedicine and Prevention, University of Rome Tor Vergata, 00133 Rome, Italy

Deadline for manuscript submissions

closed (10 April 2025)



Children

an Open Access Journal
by MDPI

Impact Factor 2.1
CiteScore 3.8
Indexed in PubMed



mdpi.com/si/203797

Children
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
children@mdpi.com

[mdpi.com/journal/
children](https://mdpi.com/journal/children)





Children

an Open Access Journal
by MDPI

Impact Factor 2.1
CiteScore 3.8
Indexed in PubMed



[mdpi.com/journal/
children](https://mdpi.com/journal/children)



About the Journal

Message from the Editor-in-Chief

You are invited to contribute a research article or comprehensive review for consideration and publication in *Children* (ISSN 2227-9067). *Children* is an open access journal—research articles, reviews, and other content are published online immediately after acceptance. The scientific community and the general public have unlimited free access to the content as soon as it is published. The journal focuses on sharing clinical, epidemiological, and translational science relevant to children's health. We would be pleased to welcome you as one of our authors.

Editor-in-Chief

Prof. Dr. Paul R. Carney

Departments of Child Health and Neurology, University of Missouri, 400 Keene Street, Columbia, MO 65211, USA

Author Benefits

Open Access

— free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, and other databases.

Journal Rank:

JCR - Q2 (Pediatrics) / CiteScore - Q2 (Pediatrics, Perinatology and Child Health)