

Special Issue

The Influence of Exercise on Body Mass Index in Children of Different Ages

Message from the Guest Editor

Body Mass Index (BMI) is a good measure of the nutritional status of children of different ages. In recent decades, BMI values have been increasing in children of all ages around the world. A large number of studies show that children with high BMI values generally have the same values as adults; this can pose a great health risk, as high BMI values are the cause of various diseases. It is known that exercise and training can lead to a reduction in BMI values; therefore, it is very important to conduct studies in this direction. We invite researchers to submit all papers related to this topic for consideration in this Special Issue.

Guest Editor

Dr. Jovan Gardasevic

Faculty for Sport and Physical Education, University of Montenegro,
81400 Nikšić, Montenegro

Deadline for manuscript submissions

closed (20 February 2024)



Children

an Open Access Journal
by MDPI

Impact Factor 2.1
CiteScore 3.8
Indexed in PubMed



mdpi.com/si/156334

Children
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
children@mdpi.com

[mdpi.com/journal/
children](https://mdpi.com/journal/children)





Children

an Open Access Journal
by MDPI

Impact Factor 2.1
CiteScore 3.8
Indexed in PubMed



[mdpi.com/journal/
children](https://mdpi.com/journal/children)



About the Journal

Message from the Editor-in-Chief

You are invited to contribute a research article or comprehensive review for consideration and publication in *Children* (ISSN 2227-9067). *Children* is an open access journal—research articles, reviews, and other content are published online immediately after acceptance. The scientific community and the general public have unlimited free access to the content as soon as it is published. The journal focuses on sharing clinical, epidemiological, and translational science relevant to children's health. We would be pleased to welcome you as one of our authors.

Editor-in-Chief

Prof. Dr. Paul R. Carney

Departments of Child Health and Neurology, University of Missouri, 400
Keene Street, Columbia, MO 65211, USA

Author Benefits

Open Access

— free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, and other databases.

Journal Rank:

JCR - Q2 (Pediatrics) / CiteScore - Q2 (Pediatrics, Perinatology and Child Health)