

Special Issue

Sleep Disorders in Children: Presentation, Early Identification and Treatment

Message from the Guest Editors

Sleep disorders are common in children. Sleep deprivation, be it from poor sleep quality or insufficient sleep, can lead to long-term consequences for a child's health and quality of life. It can significantly impact their behavior and cognitive development. Obstructive sleep apnea can affect their growth and can also lead to cardiovascular and metabolic disorders. Early identification of sleep disorders can prevent these negative sequelae.

In the first Special Issue (https://www.mdpi.com/journal/children/special_issues/obstructive_sleep_apnea_syndrome_in_children), we discussed the presentation, pathophysiology, methods of diagnosis, sequelae, and management for children with OSA. In this series, we will continue with more updates in OSA and other sleep-related breathing disorders both in children who are healthy and with underlying medical disorders.

Guest Editors

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About the Journal

Message from the Editor-in-Chief

You are invited to contribute a research article or comprehensive review for consideration and publication in *Children* (ISSN 2227-9067). *Children* is an open access journal—research articles, reviews, and other content are published online immediately after acceptance. The scientific community and the general public have unlimited free access to the content as soon as it is published. The journal focuses on sharing clinical, epidemiological, and translational science relevant to children's health. We would be pleased to welcome you as one of our authors.

Editor-in-Chief

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