

Special Issue

Fostering Resilience and Mental Health in Children and Adolescents Across Typical and Atypical Development

Message from the Guest Editors

The mental health and resilience of children and adolescents positively impact their cognitive, emotional, and social development, yet these domains are increasingly challenged by developmental tasks, individual differences, and global adversities. Recent research has found that greater resilience is associated with fewer mental health problems, even in the face of significant stressors. This Special Issue of *Children* focuses on how individual, family, school, and broader contextual factors influence resilience and mental health across typical and atypical developmental trajectories in children and adolescents and protective factors, risks, and effective interventions that empower young people to navigate today's global and developmental challenges. We welcome the submission of original research articles, systematic reviews, brief reports, case studies, and editorials.

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About the Journal

Message from the Editor-in-Chief

You are invited to contribute a research article or comprehensive review for consideration and publication in *Children* (ISSN 2227-9067). *Children* is an open access journal—research articles, reviews, and other content are published online immediately after acceptance. The scientific community and the general public have unlimited free access to the content as soon as it is published. The journal focuses on sharing clinical, epidemiological, and translational science relevant to children's health. We would be pleased to welcome you as one of our authors.

Editor-in-Chief

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