

## Special Issue

# Dietary Habits, Social Determinants of Health and Obesity Risk in Children and Adolescents

### Message from the Guest Editor

I am honored to have been asked to serve as a guest editor for the new Special Issue of *Children* entitled “Dietary habits, Lifestyle Behaviors, and Obesity Risk in Children and Adolescents”, and I am pleased to invite you to submit a relevant paper. Childhood obesity is a serious medical condition that affects children and adolescents. According to the World Health Organization, more than 340 million adolescents and 39 million children are obese. Many factors can contribute to excess weight gain, including eating patterns, physical activity levels, and sleep routines. Social determinants of health, i.e., the conditions in which we live, learn, and work, also play a role. The aim of this Special Issue is to produce a rich collection of research, articles, and opinions for clinicians, academics, and policymakers in the field of children's wellbeing. Contributions involving all aspects of this topic will be welcomed. I look forward to receiving your contributions.

### Guest Editor

Dr. Alexandra Foscolou

Department of Nutrition and Dietetics, School of Physical Education, Sports and Dietetics, University of Thessaly, 42132 Trikala, Greece

### Deadline for manuscript submissions

closed (1 January 2025)



## Children

an Open Access Journal  
by MDPI

Impact Factor 2.1  
CiteScore 3.8  
Indexed in PubMed



[mdpi.com/si/165509](https://mdpi.com/si/165509)

*Children*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[children@mdpi.com](mailto:children@mdpi.com)

[mdpi.com/journal/  
children](https://mdpi.com/journal/children)





# Children

---

an Open Access Journal  
by MDPI

---

Impact Factor 2.1  
CiteScore 3.8  
Indexed in PubMed



[mdpi.com/journal/  
children](https://mdpi.com/journal/children)



## About the Journal

### Message from the Editor-in-Chief

You are invited to contribute a research article or comprehensive review for consideration and publication in *Children* (ISSN 2227-9067). *Children* is an open access journal—research articles, reviews, and other content are published online immediately after acceptance. The scientific community and the general public have unlimited free access to the content as soon as it is published. The journal focuses on sharing clinical, epidemiological, and translational science relevant to children's health. We would be pleased to welcome you as one of our authors.

---

### Editor-in-Chief

Prof. Dr. Paul R. Carney  
Departments of Child Health and Neurology, University of Missouri, 400  
Keene Street, Columbia, MO 65211, USA

---

### Author Benefits

#### Open Access

— free for readers, with article processing charges (APC) paid by authors or their institutions.

#### High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, and other databases.

#### Journal Rank:

JCR - Q2 (Pediatrics) / CiteScore - Q2 (Pediatrics, Perinatology and Child Health)