



children



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Advances in Research on Nutrition and Childhood Obesity: 2nd Edition

Guest Editor:

Dr. George Antonogeorgos

1. Department of Nutrition and Dietetics, School of Health Sciences and Education, Harokopio University, 70 Eleftheriou Venizelou (Thiseos) Ave. Kallithea, 17671 Athens, Greece

2. Senior Research Associate in Pediatric Pulmonology 3rd Department of Paediatrics, National and Kapodistrian Athens University, University General Hospital "ATTIKON", Rimini 1, Chaidari, 12462 Athens, Greece

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Message from the Guest Editor

Obesity is a complex, multifactorial health problem that in recent decades has emerged as a major contributor to the morbidity of chronic diseases during childhood. Several lifestyle factors are being intensively researched since they are modifiable and could be easily used in preventive interventions; nutrition is among the most crucial of them. Either seen as micro- or macronutrient intake or as composite dietary patterns, the multiplex effect of the interrelated foods consumed by children—in innumerable types, sizes or frequencies—on the development or the exacerbation of several chronic diseases has not been thoroughly investigated. Thus, it is of great importance to create a Special Issue for the research of the nutrition and the obesity in childhood and adolescence.

Considering the success and popularity of the Special Issue "Advances in Research on Nutrition and Childhood Obesity" previously published in the journal *Children* (https://www.mdpi.com/journal/children/special_issues/Nutrition) we now release a second issue aiming to gather original research papers and review articles focused on children nutrition and obesity.



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Special Issue